

# Cincinnati Recreation Commission

## KAYAK SKILLS DEVELOPMENT



**TEEN/ADULT KAYAK CLASS**  
**\$100.00 with kayak / \$125.00 without kayak**  
(All-CRC City-wide pools membership required)

**Mondays June 8 – August 10**  
**5:30pm to 8:30pm (9:30pm on River Days)**

**This class is for all skill levels of kayakers.**

**Develop or perfect your moves.**

**Learn about paddling safely, basic paddle strokes, wet exits, rolls and rodeo moves.**

6/8	Madisonville Pool	Injury prevention for paddlers, Basic paddle strokes, Wet exit, Intro to roll, Intro to flat water rodeo moves
6/15	Madisonville Pool	Paddle stroke refinement, Core body use, Roll practice, Reading the water
6/22	Madisonville Pool	Slalom gates, Roll practice, Play and river moves
6/29	Madisonville Pool	Eddy turns, Ferrying, Squirt moves, Eskimo rescue
7/6	Pool or Little Miami River, Miami, OH	Intro to river rodeo moves
7/13	50 Hole Great Miami River, Cleveland, OH or Best Available Water	Park N' Play, Personal instruction, Slalom gates, Roll practice, Play and river moves
7/20	Best Available Water	Eddy turns, Ferrying, Squirt moves, Eskimo rescue, Park N' Play, Personal instruction, Advanced play demos
7/27	Best Available Water	Personal instruction, Fun time, and More
8/3	Best Available Water	Personal instruction, Fun time, and More
8/10	Best Available Water	Personal instruction, Fun time, and More

**Madisonville Pool • 5312 Stewart Avenue Cincinnati, OH 45227**

**Contact Nicky @ (513)271-4190 or [nicky.haar@cincinnati-oh.gov](mailto:nicky.haar@cincinnati-oh.gov)**

**[www.cincyrec.org](http://www.cincyrec.org) • Aquatics: 357-POOL (7665) • [aquatics@cincinnati-oh.gov](mailto:aquatics@cincinnati-oh.gov)**



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